

HOW TO PERFORM GHUSAL-E-MAYYIT

PREPARATION FOR GHUSAL

1. Before beginning, permission must be obtained from the next of kin to allow you (and your colleagues) to give Ghusal. This is a wajib requirement.
2. Prepare the canisters of Sidr and Camphor water. Also familiarize yourself on how to use the system. Refer to “Ghusal Water System” doc. Instructions are also posted on the inside of the cabinet doors.
3. It is imperative to wear some sort of protective clothing (like an apron or a doctor’s surgery gown) as well as gloves, in order to avoid oneself from becoming najis from najis water splashing off the mayyit. This will also reduce the risk of you getting contaminated and/or contracting an infection or a disease.

Please note: the mayyit itself is not najis so touching the body or any water splashing from the body will not make you or your clothing najis. It is the najasats (eg. Blood/urine etc.) that may be present on the body that makes the mayyit najis.

Ghusal-e-mase-Mayyit (Ghusal of touching a dead body)

Ghusal-e-mase-mayyat **only** becomes wajib on you if any part of your body touches any part of the mayyit “skin to skin” from the time the mayyat becomes cold to the time the 3 ghusals are completed. If you are wearing proper protective clothing than ghusl-e-mase-mayyit does not become wajib on you.

4. It is highly recommended that the dead body be laid with feet facing the qibla during ghusal. After the three ghusals have been completed, it is better that the dead body is laid in the same way as it is laid when salatul mayyit is prayed, i.e with the right shoulder facing qibla.
5. The people doing the Ghusal must not disclose any defects that they noticed on the dead body. In other words, do not discuss the state of the mayyit with anybody.
6. It is highly recommended that person(s) giving ghusal is in the state of Wudhu.
7. The private parts should be covered with cloth and lifted as needed, without exposing too much of the area. Looking at the private parts is not permitted.
 - For a female; cover from just above the breast to just above the knees
 - For a male; cover from just below the navel to just above the knees.

8. While performing Ghusal it is better to recite surahs / ayats of the Quran and duas for the Marhum, than chatting or laughing. Recommended dua is "Al Afw"

GIVING GHUSAL

Giving Ghusal consists of initially washing the body followed by giving 3 ghusals, first with Abe-Sidr (Sidr water), followed by Abe-Kafur (camphor water) and finally with Abe-Khalis (pure water).

1. Wash with plain water:

Clean the body thoroughly of all najast, such as urine, stool and blood. Use soap with lukewarm water (Johnson Baby shampoo is the best soap to use). Remove all dirt and oily substances from the mayyit, which may prevent water from reaching the skin. This includes make-up, nail polish, dirt under the nails, any tapes, band-aids, name tags and/or any other dressings from the hospital. Also remove any patches for heart medication, any tubes such as intravenous tubing or urinary drainage tubes.

ANYTHING THAT PREVENTS WATER FROM REACHING THE SKIN MUST BE REMOVED BEFORE GIVING GHUSAL.

Note: if the person has an ostomy bag, DO NOT remove the bag.

General rules for giving Ghusal

- Niyyat should be made by each person directly involved in giving the ghusal.
- Ensure that each section has been washed thoroughly ie. front as well as the backside, before proceeding to the next section.

2. Ghusal with Abe-Sidr (Sidr water) :

a. **Make Niyyat** “I am washing this dead body in front of me with Sidr water WAJJIB Ghurbatan Ihal-lah”.

b. **Washing of the body with Sidr water:**

Head and neck should be washed first, followed by right side (front and back) and than the left side (front and back) of the body.

3. Ghusal with Abe-Kafur (Camphor water):

a. **Make Niyyat** “I am washing this dead body in front of me with kafur water WAJJIB Ghurbatan Ihal-lah”.

b. **Washing of the body with Kafur:**

Head and neck should be washed first, followed by right side (front and back) and than the left side (front and back) of the body.

4. Ghusal with Abe-Khalis (plain water):

a. **Make Niyyat** “I am washing this dead body in front of me with Abe-Khalis water WAJJIB Ghurbatan Ihal-lah”.

b. **Washing of the body with Abe-Khalis / plain water:**

Head and neck should be washed first, followed by right side (front and back) and than the left side (front and back) of the body.

5. Dry the body:

After all the 3 ghusals have been completed the body should be dried with clean towels.

6. Wrap the pad / diaper:

A “pad / diaper” (see Khafan section) with camphor sprinkled in it should be tied.

The upper chest should be covered with towel until the mayyit has been transferred to the area where the rest of the kafan is wrapped.

7. Kafan should be laid out systematically with outer layer at the bottom and inside layers to be on that. Refer to Kafan section.